

# XXXIV

# PAN AMERICAN KARATE CHAMPIONSHIP

## U12 / U14 / CADETS / JUNIOR



### AUGUST 25 TO 31

POLIDEPORTIVO UENO SND ARENA  
ASUNCIÓN, PARAGUAY



GOBIERNO DEL  
PARAGUAY

SECRETARÍA NACIONAL DE  
DEPORTES  
PARAGUAY







# XXXIV PAN AMERICAN KARATE CHAMPIONSHIP

U12/U14/CADETS/JUNIOR



POLIDEPORTIVO UENO SND ARENA  
ASUNCIÓN, PARAGUAY 2025

## REPUBLIC OF PARAGUAY

*Heart of South America*

## GEOGRAPHIC LOCATION

**Paraguay** is located in the center of South America. It borders: **Argentina** (to the south and west), **Brazil** (to the north and east), and **Bolivia** (to the northwest). It is one of the two landlocked countries in South America (along with Bolivia).

## GENERAL INFORMATION

- **Capital:** Asunción
- **Official Languages:** Spanish and Guaraní
- **Population:** 7.5 million (2025, approx.)
- **Currency:** Guaraní (PYG)
- **Form of Government:** Democratic Republic
- **Climate in August:** Temperate - 59°F to 79°F
- **Time Zone:** GMT -4
- **Electricity:** 220V, Type C plug

## CULTURE

- Strong indigenous influence, especially Guaraní.
- Traditional music includes Paraguayan polka and guarania.
- Gastronomy is highlighted by dishes such as chipa, Paraguayan soup, and mbejú.
- Strong oral tradition and everyday use of the Guaraní language.







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**Paraguay** offers a fascinating cultural and natural diversity, with more than 20 ethnic groups and landscapes that vary according to its two regions: the Eastern region, with its green fields, streams, and hills, and the Western region, with the vast Chaco and its xerophilous forests. Each area is home to incredible biodiversity, ideal for green tourism in reserves and protected areas where native fauna and flora shine in their splendor. Internationally awarded for its nature, Paraguay is a unique destination that invites discovery.

Each region offers a unique experience. From the historic Jesuit Missions, which tell the fascinating story of the encounter between Guaraní culture and European missionaries, to the vast and wild Chaco region, home to untamed landscapes and impressive wildlife. The country's lush nature is complemented by its rich culture and the hospitality of its people, who invite you to enjoy a unique gastronomy, with flavors that blend the traditional and the modern.







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## ASUNCIÓN

Capital of the  
Republic of Paraguay

*Asunción is the capital and most important city of Paraguay. It is the political, economic, social, and cultural center of the country.*

### GENERAL INFORMATION

- **Foundation:** August 15, 1537
- **Founder:** Juan de Salazar y Espinosa
- **Population:** Approximately 520,000 inhabitants (the metropolitan area exceeds 2 million)
- **Location:** On the banks of the Paraguay River in the Western region of the country

### HISTORICAL SIGNIFICANCE

- One of the oldest cities in South America.
- Known as the "Mother of Cities" because expeditions that founded other cities in the region departed from it.
- A key center during national independence in 1811.







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## CULTURE AND ECONOMY

- Seat of the national government, embassies, and international organizations.
- Center of commercial, financial, and cultural activity.
- Notable cultural spaces: Museo del Barro (Museum of Clay), Municipal Theater, and the Palacio de los López (López Palace).
- Strong blend of Guaraní tradition and modern urban culture.

## EMBLEMATIC PLACES

- Palacio de los López (López Palace)
- Panteón Nacional de los Héroes (National Pantheon of Heroes)
- Costanera de Asunción (Asunción Waterfront)
- Catedral Metropolitana (Metropolitan Cathedral)
- Centro Histórico (Historical Center) and traditional neighborhoods such as Loma San Jerónimo.







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## WELCOME MESSAGE

With great enthusiasm and commitment, Paraguay is honored to host the **XXXIV PAN AMERICAN KARATE CHAMPIONSHIP U12/U14/Cadets/Junior**. This prestigious event will bring together the best athletes from the American continent, celebrating excellence, sportsmanship, and the culture of karate.

Paraguay, located in the heart of South America, is a country full of history, hospitality, and natural wealth. Our capital, Asunción, will be the main stage for this sporting celebration, combining modern infrastructure with traditions that make us proud.

On behalf of the **Paraguayan Karate Federation**, we extend a warm welcome to all delegations, athletes, coaches, referees, and companions who will visit us during this important competition. We are working with dedication to offer an event of high organizational and sporting standards.

**See you in Asunción!**



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## COMPETITION SITE

# POLIDEPORTIVO UENO SND ARENA

## INFRASTRUCTURE

- The UENO SND Arena is considered the most important sports facility in the country. It has a seating capacity of 4,500 spectators, distributed across three general stands (North, South, and East), and a preferential stand (West) featuring a VIP box. It also includes retractable bleachers that can be adjusted depending on the type of event. The facility spans an area of 7,787 m<sup>2</sup> and meets strict standards of safety, hygiene, structural stability, and functionality. Its design prioritizes habitability and comfort, ensuring a high-quality experience for both athletes and spectators.

## LOCATION

- Located in the city of Asunción, within the grounds of the National Sports Secretariat.

Address: Avenida Eusebio Ayala & R.I. 6 Boquerón.





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## SPORTING IMPORTANCE

- It offers comprehensive facilities such as a fully equipped gym, warm-up areas, and technical rooms, supporting the optimal preparation and performance of high-performance athletes.
- As a venue for high-level sporting events, its capacity and versatility allow it to host both national and international competitions, promoting the growth and visibility of sports in Paraguay.

## CONCLUSION

The UENO SND ARENA not only provides top-level facilities for athlete training but also serves as a key venue for major sporting events. It stands as a fundamental pillar in the development and promotion of sports, firmly establishing itself as the leading sports infrastructure in the country.







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## PARAGUAYAN CURRENCY SHOPPING AND USD EXCHANGE INFORMATION

The official currency of Paraguay is the **Guaraní (PYG)**, which is available in banknotes of various denominations. While the US dollar is accepted in some areas, **the Guaraní remains the official** and most commonly used currency throughout the country.

The **US dollar** is widely accepted in Paraguayan commerce, especially in tourist zones and border areas. This means that in many establishments, you can pay in either Guaraníes or US dollars. However, it's common for businesses to apply an exchange **rate lower than** the official market rate, so it's recommended to **exchange dollars for Guaraníes** to get better value.

\*For added convenience, many shops, restaurants, and tourist services accept credit cards, particularly in major cities and popular tourist destinations. This helps avoid handling cash frequently, although it's advisable to check in advance whether your chosen location accepts card payments.

## RECOMMENDATIONS FOR EXCHANGING US DOLLARS IN PARAGUAY

- **Accepted banknotes:** It is recommended to use new series **banknotes with the blue security strip**, as they are more widely accepted and considered more secure.

- **Condition of the bills:** Avoid using old, torn, stained, or worn-out bills. In many places, such bills are either **not accepted** or exchanged at a lower rate. They are often rejected by exchange houses and banks.

- **Exchange rates:** Rates may vary between banks, exchange houses, and commercial establishments. **Always check the current exchange rate before exchanging money.**

- **Reliable exchange locations:** Carry out your transactions at **authorized exchange houses or banks**. Avoid exchanging money on the street or in informal settings to prevent fraud or scams.

These tips will help you exchange US dollars **more safely and efficiently** during your stay in Paraguay.





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POLIDEPORTIVO UENO SND ARENA  
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# HOTELS



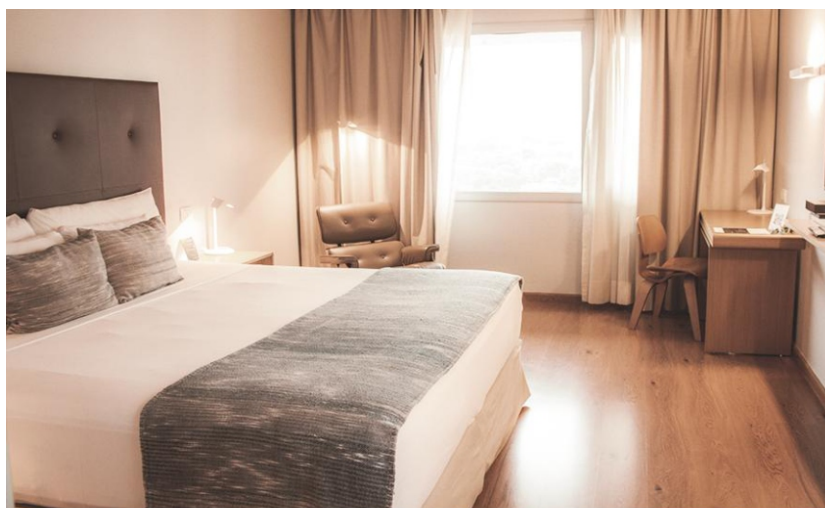


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## DAZZLER HEADQUARTER HOTEL

Located in one of the trendiest areas of the city, Dazzler by Wyndham Asunción is surrounded by attractive shopping and dining centers. Its 300 rooms spread over 15 floors offer maximum comfort and cutting-edge design, providing spacious and bright environments. The hotel offers restaurant services, a rooftop bar, an outdoor pool, a spa with a whirlpool, saunas and massage room, a gym, and four functional event rooms.

## ROOMS

The rooms are equipped with the best comfort in mind. The hotel has single, double, and triple rooms in the classic, superior, and suite categories.

### All are equipped with:

- 42" TV
- Air conditioning
- Minibar
- Safe
- Desk
- Bathtub and shower
- Hair dryer
- USB port
- Free WiFi
- Iron and ironing board
- Electric kettle





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POLIDEPORTIVO UENO S&Ntilde;A ARENA  
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## DAZZLER

### SERVICES DURING YOUR STAY

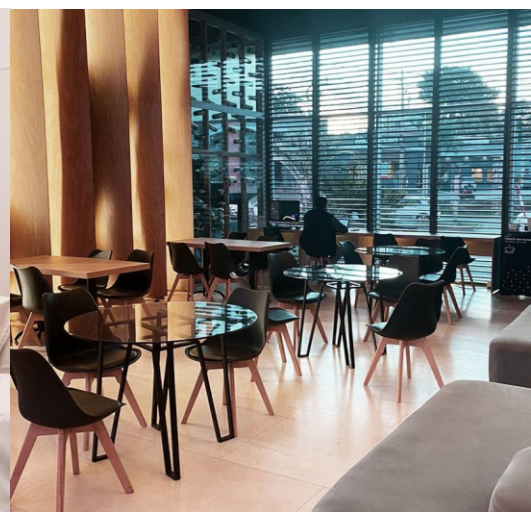
- Breakfast
- Swimming pool
- Gym
- Underground parking
- Loyalty program with points accumulation
- High-speed internet service
- Medical emergency coverage
- Check-in: 3:00 PM or 2:00 PM
- Check-out: 12:00 PM or 10:00 AM

#### FPK Rate Agreement *Breakfast included*

##### DAZZLER by Wyndham Asunción 2025

Single Room	USD 100 <i>Includes taxes</i>
Double Room	USD 100 <i>Includes taxes</i>
Triple Room	USD 141 <i>Includes taxes</i>

Avda. Aviadores del Chaco 1392  
casi Profesor Vasconcellos  
Asunción  
Tel. +595 21 601 626 - Int. 20012/13)  
Cel. +595 991 853452





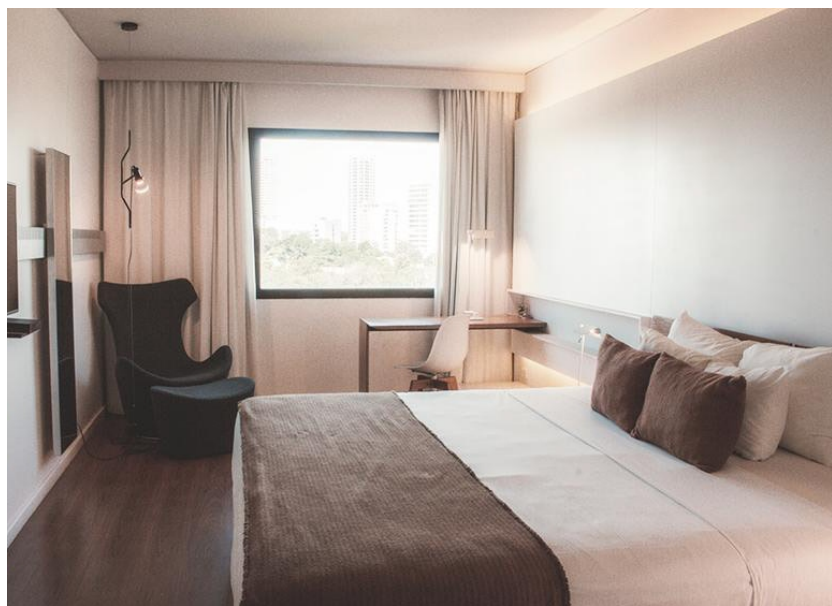


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## ESPLENDOR SUB-HEADQUARTER HOTEL

Located in the area of greatest economic growth in the City, the New Center of Asunción, ESPLendor by Wyndham Asunción is surrounded by attractive shopping and dining centers. Its 206 rooms spread over 15 floors offer maximum comfort and innovative design, providing spacious and bright environments with stunning city views. The hotel offers a restaurant, a snack bar on the terrace, a swimming pool with panoramic views, a sauna, a 24-hour gym, and three functional event rooms.

## ROOMS

The rooms are equipped with the best comfort in mind. The hotel features single, double, triple, and quadruple rooms in the concept, superior, and suite categories.

### All are equipped with:

- 42" TV
- Air conditioning
- Minibar
- Safe
- Desk
- Bathtub and shower
- Hair dryer
- USB port
- Free WiFi
- Iron and ironing board
- Electric kettle





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POLIDEPORTIVO UENO S&D ARENA  
ASUNCIÓN, PARAGUAY 2025

## ESPLENDOR SERVICES DURING YOUR STAY

- Breakfast
- Swimming pool
- Gym
- Underground parking
- Loyalty program with points accumulation
- High-speed internet service
- Medical emergency coverage
- Check-in: 3:00 PM or 2:00 PM
- Check-out: 12:00 PM or 10:00 AM

FPK Rate Agreement <i>Breakfast included</i>	
ESPLENDOR by Wyndham Asunción	
Single Room	USD 84 <i>Includes taxes</i>
Double Room	USD 84 <i>Includes taxes</i>
Triple Room	USD 117 <i>Includes taxes</i>

Avda. Aviadores del Chaco 2822  
casi Avda. Molas López  
Asunción  
Tel. +595 21 601 626 - Int. 20012/13)  
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## TRYP SUB-HEADQUARTER HOTEL

At TRYP Asunción you'll find everything you need to enjoy your stay. The best location for visiting the shops at Shopping del Sol and Paseo La Galería, and taking advantage of the trendy bars and restaurants of Paseo Carmelitas.

## ROOMS

The rooms are equipped with the best comfort in mind. The hotel features single, double, triple, and quadruple rooms in the concept, superior, and suite categories.

### All are equipped with:

- 42" TV
- Air conditioning
- Minibar
- Safe
- Desk
- Bathtub and shower
- Hair dryer
- USB port
- Free WiFi
- Iron and ironing board
- Electric kettle







# XXXIV PAN AMERICAN KARATE CHAMPIONSHIP

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POLIDEPORTIVO UENO S&D ARENA  
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## TRYP

### SERVICES DURING YOUR STAY

- Breakfast
- Swimming pool
- Gym
- Underground parking
- Loyalty program with point accumulation
- High-speed internet service
- Coverage for medical emergencies
- Check-In: 3:00 PM or 2:00 PM
- Check-Out: 12:00 PM or 10:00 AM

FPK Rate Agreement <i>Breakfast included</i>	
TRYP Asunción	
Single Room	USD 88 <i>Includes taxes</i>
Double Room	USD 88 <i>Includes taxes</i>
Three Room	USD 128 <i>Includes taxes</i>

Avda. Gral. José de San Martín 836  
Asunción, Paraguay  
Tel. +595 21 600 342  
[tryohotels.com](https://tryohotels.com)







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## HOLIDAY INN EXPRESS

### SUB-HEADQUARTER HOTEL

The Holiday Inn Express Asunción Aviadores hotel is located in the new heart of the Paraguayan capital, a dynamic commercial and business area of the city, close to the main corporate offices, and the best shopping malls, restaurants and bars.



Located only 8km from the Silvio Petirossi International Airport and on Aviadores Del Chaco Avenue, the Holiday Inn Express Asunción Aviadores hotel offers modernity, high technology, a unique design, with exclusive and personalized service and attention for each of our guests. Our main objective is to take care of all your needs and the smallest details with a high level of service and attention so that your experience with us is unforgettable.

## ROOMS

The hotel has rooms with a king bed, two queen beds or a king size bed with a sofa bed, as well as suites.

### All rooms are equipped with:

- Magnetic card locks
- 42" TV
- Heating and air conditioning
- Work area with desk
- Ergonomic chairs
- Safety deposit boxes with capacity for a laptop
- High-speed internet
- Telephone and coffee maker







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## HOLIDAY INN EXPRESS SERVICES DURING YOUR STAY

- Breakfast served in our breakfast room from 6:00 am to 10:00 am.
- Free WiFi in all hotel rooms. IHG Connect.
- Access to the Business Center.
- 24-hour coffee service for guests.
- Access to the Swimming Pool and Gym.
- Free parking for guests.
- VAT.

FPK Rate Agreement <i>Breakfast included</i>	
HOLIDAY INN EXPRESS	
Single Room	USD 79 <i>Includes taxes</i>
Duble Room	USD 79 <i>Includes taxes</i>
Triple Room	USD 104 <i>Includes taxes</i>

Triple rooms with double twin occupancy do not have three individual beds.

### CHECK-IN AND CHECK-OUT TIMES

Check-In 3:00 PM - Check-Out 12:00 PM

### ADDITIONAL INFORMATION

- The hotel has a 24-hour Express Market service available for guests (at a cost).
- Due to brand concepts, we do not have a restaurant or room service.
- 24-hour Medical Assistance service.

### NON-SMOKING HOTEL

The HOLIDAY INN EXPRESS ASUNCIÓN AVIADORES is a NON-SMOKING hotel. Smoking is prohibited in the rooms and facilities within the hotel. In case of non-compliance, a penalty charge of \$200.00 will be applied in order to restore the smoke-free conditions of the rooms.

Avda. Aviadores del Chaco 2822  
casi Avda. Molas López  
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## RESERVATIONS

All reservations are subject to availability, in order to respect the granted rates it is necessary to make your reservation before June 30, 2025, with the Rooming List per room and payment of a 50% deposit, and settle the full amount before July 31, 2025.

All reservations without exception must be made exclusively through the Organizing Committee.

## ACCOMMODATIONS AND TRANSFERS

Delegations will arrive at the Silvio Pettirossi International Airport, where they will be welcomed by the Organizing Committee and guided to their respective hotels.

Transportation between the Main and Secondary Official Hotels and the UENO SND ARENA—the venue for the three days of competition—will be fully provided by the organization.

A general transportation service to and from the UENO SND ARENA will be arranged for all delegations, ensuring convenience for every member.

All transportation services will be provided exclusively to those staying at the event's Official Hotels (Main and Secondary).

All reservations without exception must be made exclusively through the Organizing Committee.





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## TRANSPORTATION

### AIRPORT – OFFICIAL HOTEL – AIRPORT

National Federations must send the flight itinerary and accommodation form to the email address [fpk.paraguay@gmail.com](mailto:fpk.paraguay@gmail.com) no later than August 15, 2025. The information must include arrival and departure dates and times, airline, flight number, and the full names of all delegation members.

This information is necessary in order to organize airport transfers.

If the National Federation fails to submit the required information by the stated deadline, the Organizing Committee will not be responsible for arranging transportation for the delegation.

## TRANSPORTATION TO THE COMPETITION VENUE

Transfers will be provided only to delegations that have made their hotel reservations directly through the Organizing Committee at the official hotels.

If reservations are made independently, participants will be responsible for their own transportation.

## MEALS FOR REFEREES

The event organizers will provide meals for referees during the competition days at the venue.

On other days, referees will be responsible for their own meals





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## MEDICAL INSURANCE

In order to ensure the safety and well-being of all participants, each athlete is required to have individual medical insurance with both national and international coverage. This insurance must include assistance for accidents, illnesses, medical transfers, and hospital care.

The Organizing Committee will not be responsible for any medical expenses resulting from incidents that may occur during the athlete's stay in the country. It is the responsibility of each athlete to ensure they have proper coverage throughout the entire event.

If an athlete does not have valid medical insurance, the Organizing Committee may offer an alternative insurance option. For more information, please contact the Committee directly.

During the competition, on-site medical assistance will be available to provide first aid to athletes who may need it.

## TRAINING SITE

Training slots for national teams will be available by appointment from August 25 to 27, 2025, with the first session starting at 08:00 and the last at 20:00.

**Venue:** Gymnasium of the Paraguayan Karate Federation

**Address:** Sports Complex of the National Sports Secretariat  
Avenida Eusebio Ayala & R.I. 6 Boquerón

Appointments must be scheduled by August 15, 2025, via email with the Organizing Committee.

Each team may schedule between 1 and 2 hours of training per day.





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## OFFICIAL COSTS

### XXXIV CAMPEONATO PANAMERICANO DE KARATE JUVENIL, CADETES, SUB 14 Y SUB 12 ASUNCION, PARAGUAY 2025

Boletín No. 1

Mayo 2025

#### Invitación Oficial

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De: Comité Directivo

Para: Todos los Miembros PKF

Estimado Presidente,

En nombre de la **Federación Panamericana de Karate (PKF)**, tenemos el placer de extenderle la invitación a su Federación Nacional para participar en el **XXXIV Campeonato Panamericano de Karate Juvenil, Cadetes, Sub 14 y Sub 12**, que tendrá lugar desde del **25 al 31 de agosto de 2025 en Asunción, Paraguay**.

Próximamente el comité organizador hará llegar a todos detalles más específico del campeonato

**Comité Organizador: Javier Rojas**  
**Presidente Fed. Paraguaya de Karate**

Teléf. + 595 994 398 900

Email: [fpk.paraguay@gmail.com](mailto:fpk.paraguay@gmail.com)

**PKF President's Office: Ernesto Bavio 3026 (1428)**

Buenos Aires - Argentina

Tel/fax: 54 (11) 47 82 91 35 -Cel: + 54 9 (11) 44 24 99 65

E-mail: [jgmaanon@gmail.com](mailto:jgmaanon@gmail.com)

[karate@fibertel.com.ar](mailto:karate@fibertel.com.ar)

Esperamos contar con la participación de su país en este campeonato.



Muy pronto estarán recibiendo la información adicional directamente de la **Confederación Brasileira de Karate**

#### Información adicional:

- Afiliación anual – US\$ 500
- Clínica Arbitral kumite: US\$ 200
- Clínica Arbitral kata: US\$ 200
- Clínicas Kata y Kumite: US\$ 350
- Oyente/Espectador US\$ 100
- Clínica para coach/Entrenador US\$ 100
- Renovación CoachEntrenador US\$ 100
- **Inscripción al Evento: US\$ 100 por Atleta/categoría Individual; Equipos US\$ 300. Toda inscripción realizada fuera del plazo de la inscripción On Line, tendrá un costo del 25% respecto el costo de su respectiva Inscripción ( Atleta/Arbitro/Coach/Equipos ).**

**José García Maañón**  
**Presidente PKF**

[www.pkfkarate.com](http://www.pkfkarate.com)



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## PROGRAM

DATE	TIME	ACTIVITIES	SITE
MONDAY 25/08	09:00 - 18:00	Delegation Accreditation	Main Hotel
	09:00 - 10:00	Referee Commission Meeting	Main Hotel
	12:00 - 13:00	Referee and Coach Registration	Main Hotel
	13:00 - 14:00	Almuerzo - Lunch	Main Hotel
	14:00 - 15:30	Kumite Lecture	Main Hotel
	15:30 - 16:00	Kumite Theoretical Exam	Main Hotel
	17:30 - 19:30	Kumite Practical Exam (Group 1)	Main Hotel
TUESDAY 26/08	09:00 - 18:00	Delegation Accreditation	Main Hotel
	09:00 - 12:00	Kumite Practical Exam (Group 2)	Main Hotel
	12:00 - 13:00	Almuerzo - Lunch	Main Hotel
	13:00 - 15:00	Kumite Practical Exam (Group 3)	Main Hotel
	15:00 - 15:30	Break	Main Hotel
	15:00 - 16:00	Medical Congress	Main Hotel
	15:30 - 16:30	Kata Lecture	Main Hotel
	16:00 - 17:30	Break	Main Hotel
	16:30 - 17:30	Kata Theoretical Exam	Main Hotel
WEDNESDAY 27/08	09:00 - 11:00	Kata Videos	Main Hotel
	14:00 - 15:30	Referee Exam Results	Main Hotel
	15:30 - 16:30	Kata and Kumite License Renewal	Main Hotel
	16:00 - 16:30	PKF EC – LOC FPK & LOC PKF Meeting	Main Hotel
	17:00 - 18:00	PKF EC Meeting	Main Hotel
	17:00 - 18:00	Referee Briefing	Main Hotel
	18:00 - 18:30	TM and AJ Meeting	Main Hotel
	20:30	Welcome Dinner	Main Hotel
	TECHNICAL COMMISSION AND COACHES		
	08:00 - 11:00	Official Weigh-in	HOTELS MAIN AND SECONDARY HOTELS
	09:30 - 10:30	Kata and Kumite Coaches Lecture	Main Hotel
	10:30 - 12:00	Kata and Kumite Coaches Theoretical Exam	Main Hotel
	13:00 - 13:30	Coaches Results	Main Hotel
	16:00 - 18:00	Technical Congress – Official Draw	Main Hotel
THURSDAY 28/08	09:00	FEMALE INDIVIDUAL KATA U12, U14	Polideportivo UENO SND ARENA
		MALE INDIVIDUAL KATA U12, U14	
		FEMALE INDIVIDUAL KUMITE U12 -37KG, -42KG, -47KG, +47KG	
		MALE INDIVIDUAL KUMITE U12 -35KG, -40KG, -45KG, +45KG	
		FEMALE INDIVIDUAL KUMITE U14 -42KG, -47KG, -52KG, +52KG	
		MALE INDIVIDUAL KUMITE U14 -40KG, -45KG, -50KG, -55KG, +55KG	
	17:00	OPENING CEREMONY	
FRIDAY 29/08	09:00	FINALS	
		FEMALE INDIVIDUAL KATA CADETS	Polideportivo UENO SND ARENA
		MALE INDIVIDUAL KATA CADETS	
		FEMALE INDIVIDUAL KUMITE CADETS -47KG, -54KG, -61KG, +61KG	
		MALE INDIVIDUAL KUMITE CADETS -52KG, -57KG, -63KG, -70KG, +70KG	
SATURDAY 30/08	09:00	FINALS	Polideportivo UENO SND ARENA
		FEMALE TEAM KATA (14 - 17 YEARS)	
		MALE TEAM KATA (14 - 17 YEARS)	
		FEMALE INDIVIDUAL KATA JUNIORS	
		MALE INDIVIDUAL KATA JUNIORS	
		FEMALE INDIVIDUAL KUMITE JUNIORS -48KG, -53KG, -59KG, -66KG, +66KG	
		MALE INDIVIDUAL KUMITE JUNIORS -55KG, -61KG, -68KG, -76KG, +76KG	
SUNDAY 31/08	ALL DAY	DELEGATION DEPARTURE	





# XXXIV PAN AMERICAN KARATE CHAMPIONSHIP

U12 / U14 / CADETS / JUNIOR



POLIDEPORTIVO UENO SND ARENA  
ASUNCIÓN, PARAGUAY 2025

## ORGANIZING COMMITTEE

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