



1.- WELCOME MESSAGE

Mexico will host the **XXXI Pan-American Karate Championship**, where we will receive all National Federations of Pan-American, and after two years of non-youth championships due to pandemic circumstances.

Our mission is to provide a youth competition at the highest level, we are ready to make a seamless experience.

We thank our president of the Pan-American Karate Federation, José García Maañon, all the executive committee, and all the National Federations that make up PKF for their trust in the Mexican Olympic Committee, and the authorities of Mexico City.

We warmly welcome you to Mexico, wishing you the best of success.

2. INTRODUCTION PAN AMERICAN CHAMPIONSHIP IN MEXICO 2022

The XXXI Junior Pan American Championship will take place from August 22 to 28, 2022 in Mexico City, Mexico.









3.- CONTACT INFORMATION

Mexican Karate Federation **FEMEKA**

Location.- Avenue del Conscripto y Anillo Periférico Col. Lomas de Sotelo C.P. 11200 Del. Miguel Hidalgo, City of México, México.

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4. PKF APPROVED PROTECTIONS



































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5.- EVENT SCHEDULE

MONDAY AUGUST 22, 2022	ACTIVITY	PLACE	
ALL DAY	Delegations Arrivals	Venue Hotels	
9:00 – 18:00 hrs	Accreditation	Headquarters hotel	
9:00 – 12:00 hrs	Accreditation for Referees and Coaches	Headquarters hotel	
15:00 – 20:00 hrs	Kata Lecture and Exam for PKF Referee and Coaches	Headquarters hotel	
TUESDAY AUGUST 23, 2022	ACTIVITY	PLACE	
9:00 – 18:00 hrs	Accreditation	Headquarters hotel	
9:00 – 13:00 hrs	Kumite Lecture and Exam for PKF Referees and Couches	Headquarters hotel	









U14.CADETE.JUNIOR.U21
AUGUST 22-28

14:00 – 19:00 hrs	Kumite Practical Examination for Referee	Headquarters hotel	
15:00 – 17:00 hrs	Medical Seminar	Juan de la Barrera Olympic Gym	
WEDNESDAY AUGUST 24, 2022	ACTIVITY	PLACE	
8:00 -11:00 hrs	Official weigh-in	Hotels Headquarters and Sub-headquarters	
10:30 -12:30 hrs	Kata and Kumite Examination Results and PKF Judges Briefing	Juan de la Barrera Olympic Gym	
16:00 – 18:00 hrs	Technical Congress and Official Draw	Juan de la Barrera Olympic Gym	
16:00 – 17:00 hrs	Meeting Members of the Organization with CD PKF	Headquarters hotel	
17:00 – 18:00 hrs	CD PKF Meeting PKF EC	Headquarters hotel	
20:30 hrs	Welcome Dinner - Directors	TBD	

6. COMPETITION SCHEDULE

JUAN DE LA BARRERA OLYMPIC GYM					
THURSDAY AUGUST 25, 2022 09:00-20:00 hrs	Eliminations & Repechage				
	Single Kata Male/Female U14, CADETES, JUNIOR y UNDER 21				
	U14 Single Kumite, Male (-40, -45, -50, -55, +55 Kg) Single Kumite, Female (-42, -47, +47 Kg)				
	CADETES Single Kumite, Male (- 52kg, - 57kg, - 63kg, - 70kg, +70kg) Single Kumite, Female (- 47kg, - 54kg, +54kg)				
	<u>Finals</u>				







		·		
		Eliminations & Repechage		
		Team Kata Male/Female 14-17 años		
FRIDAY AUGUST 26, 2022 09:00-20:00 hrs		U21		
	•	Single Kumite, Male (-60,- 67,-75,-84, +84) Single Kumite, Female (-50,- 55,-61,-68, +68)		
	OPENING CEREMONY			
		<u>Finals</u>		
		Eliminations & Repechage		
		Team Kata Male/Female Under 21		
SATURDAY AUGUST 27, 2022 09:00-20:00 hrs	AUGUST 27, 2022	JUNIOR Single Kumite, Male (- 55kg, - 61kg, - 68kg, - 76kg, +76kg) Single Kumite, Female (- 48kg, - 53kg, - 59kg, +59kg)		
	09.00-20.00 IIIS	<u>Finals</u>		
		Team Kumite Male/Female Under 21		
		<u>Finals</u>		
	SUNDAY AUGUST 28, 2022 09:00-20:00 hrs	Departure of Delegations		

7.- VENUE OF THE COMPETITION

Place: Juan de La Barerra Olympic Gym

Address: Av. División del Nte. 2333, Gral Anaya, Benito Juárez, 03340 Ciudad de México,















8.- OFFICIAL HOTELS

8.1.- HQ Hotel

HOTEL FIESTA AMERICANA VIADUCTO AEROPUERTO (HEADQUARTERS HOTEL)

Address.- Av. Viaducto Rio de la Piedad 515 , Col. Granjas, 08400 Ciudad de México, México

It has excellent accordance with the International Airport of Mexico City -Benito Juárez-, just 15 minutes away and 20 minutes from the Juan de la Barrera Olympic Gymnasium

This Hotel, in addition to its excellent location, has first-class facilities in terms of technology and modernity, its amenities provide comfort and convenience to all of its guests, Hotel Fiesta Americana Viaducto Aeropuerto has a shopping mall where you can find a wide variety of food and entertainment, it has a restaurant, terrace, gym, co-working, business center, and 24-hour room service.

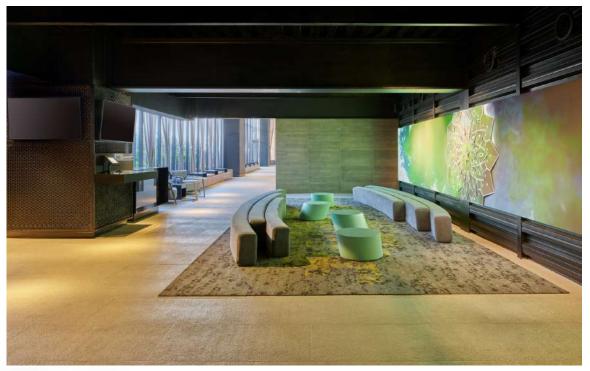








































RESTAURANT









TERRACE













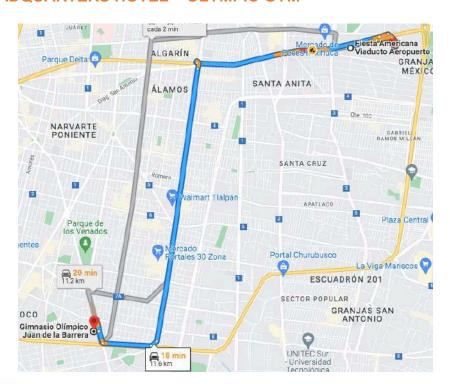


WORKPLACE





ROUTE HEADQUARTERS HOTEL – OLYMPIC GYM

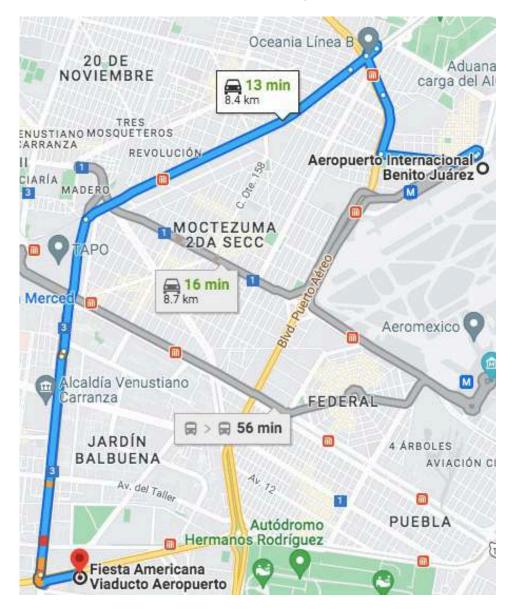








ROUTE INTERNATIONAL AIRPORT - HEADQUARTERS HOTEL













8.2.- Hotel Fiesta Inn Insurgentes

Address.- Mercaderes No. 20 Col. San José Insurgentes 3900 Ciudad de México, México.

The facilities of this business class hotel are open, spacious, and comfortable, ideal for working quietly and relaxing while enjoying the warm personalized attention that will make you feel at home. It is located within a commercial plaza where you can find a wide variety of food and entertainment, it offers a business center with computers and high-speed wireless internet.

Thirteen minutes from the Juan de la Barrera Olympic Gymnasium











U14.CADETE.JUNIOR.U21
AUGUST 22-28

HOTEL FIESTA INN INSURGENTES (HOTEL SUB - HEADQUARTERS)















8.3.- Hotel Holiday Plaza Universidad

Address.- Parroquia 1056, Col. Santa Cruz Atoyac, Benito Juárez, 03110, Ciudad de México, México.

Unbeatable location and comfortable facilities. Close to shopping centers in the south of the city, in addition to attractive recreation centers, sports, cultural and gastronomic events.

Enjoy a delicious menu, where you can try authentic Mexican cuisine. Room service is available 24 hours a day.

Eight minutes from the Juan de la Barrera Olympic Gymnasium















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AUGUST 22-28

HOLIDAY PLAZA UNIVERSIDAD (HOTEL SUB - HEADQUARTERS)



















8.4.- Hotel City Express Plus Patio Universidad

Address.- Av. Popocatépetl 546, Xoco, Benito Juárez, 03330 Ciudad de México, CDMX, México.

Located on Av. Universidad to the south of Mexico City, City Express Plus Patio Universidad offers you the necessary attention for your trips, it is located inside the Patio Universidad shopping center.

City Express Plus Patio Universidad is managed under the best biosecurity protocols endorsed by SafeHotels CovidCleanTM, thus guaranteeing a safe stay for you as it is a COVID-19-free hotel.

Five minutes from the Juan de la Barrera Olympic Gymnasium









8.5.- Villas Comite Olímpico Mexicano

Address.- Av. del Conscripto, Lomas de Sotelo, Hipódromo de las Américas, Miguel Hidalgo, 11619 Ciudad de México, CDMX.

The Mexican Olympic Sports Center (CDOM) is dependent unit for the Mexican Olympic Committee, A.C., which was built to create a sports complex that would serve for intensive training of high-performance Mexican athletes, who compete in national and international events. , was created to provide high-level Mexican athletes with the means and conditions that contribute to their development and improvement in sports, both nationally and internationally, it provides lodging, food, and facilities for their training and practices in your sport.

30 minutes from the Juan de la Barrera Olympic Gymnasium















Rates per person, per night.

HOTEL	SINGLE ROOM	DOUBLE ROOM	TRIPLE ROOM	QUADRUPLE ROOM
Fiesta Americana Viaducto Aeropuerto	164 USD	90 USD		
Fiesta Inn Insurgentes	130 USD	75 USD	57 USD	47 USD
Holiday Inn Plaza Universidad	138 USD	85 USD	69 USD	62 USD
Hotel City Express Plus Patio Universidad	124 USD	68 USD	52 USD	45 USD
COM (Comité Olimpico Mexicano)	Villas 4, 8 and 16 people 60 USD			

RATE INCLUDES

- Accommodation in the selected room category.
- Buffet breakfast in operating restaurants or in a private area. In the case of COM includes buffet breakfast, lunch and dinner.
- Taxes and services included
- 16% IVA
- 3.5% Lodging Tax (ISH)
- Bell Services / Waitress
- Resort Service that gives you access to: Wireless Internet.
- Transportation.- (Airport Hotel), (Hotel Olympic Gymnasium Hotel) and (Hotel -Airport).
- Currency exchange rate.
- Commissions for bank transfer.

All reservations are subject to availability, to respect the rates granted, it is necessary to make your reservation before July 15 with 50% of the payment and pay in full before August 15.

All reservations without exception will be made only through the Organizing Committee, upon arrival they will be given the corresponding bracelet to guarantee their attention, security, services, and access to the Olympic Gym.

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10.- COVID MEASURES

Covid measures during the Competition

During the event at the Juan de la Barrera Olympic Gym, all athletes, referees, coaches, officials, medical team, press, and the public must wear a face mask. The mask can be removed to compete. There will be plenty of hand sanitizer available for those who want to use it.

The countries that require it will have the PCR test available for the return from their countries of origin.

If required, please contact the organizing committee.

11.- RESTRICTIONS TO ENTER MEXICO

Mexico has not adopted restrictions for the air entry of visitors.

Find in the following link the countries that require a visa to enter Mexico https://www.inm.gob.mx/gobmx/word/index.php/paises-requieren-visa-para-mexico/

For any questions, please contact the Organizing Committee

12.- OTHERS

For specific items not expressly provided for in this bulletin, reference should be made to the general rules and guidelines contained in the PKF Regulations.









NOTE

PAN AMERICAN YOUTH CAMPUS PROJECT.

Dr. José M. García Maañon, President of PKF, has presented this project to Panam Sports.

Specific objective: Carry out a training campus with a view to the World Championship, Cadets, Junior and U21 to be held in October of this year in Konya - Turkey.

Once approved (next few days), the training campus will be held from August 29 to September 4 (the week following the U21 Pan American Championship in Mexico), at the Mexican Olympic Committee.

The training campus will be taught by a WKF speaker of the highest level, appointed by the PKF Technical Commission.

This PKF and Panam Sports project will sponsor 2 spaces, (two U21 athletes), and (one Coach), for each American Federation. With the possibility of incorporating two athletes (Junior) as approved by Panam Sports

In the next few days this campus will be confirmed, to prevent the participation of its athletes and the purchase of their air tickets.

ADDITIONAL

Once the campus is approved, all Kumite athletes, U21, Junior, and Cadet categories, proposed by the PKF National Federations, who wish to take advantage of their stay in Mexico (the daily cost per person will be 50 dollars, participation on campus, accommodation in villas and 3 meals).







